

Tuesday, August 25, 2026
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Essential Truth: *Forbearance begins when humility, gentleness, and patience shape how we treat one another.*

Scripture: Ephesians 4:2

“With all humility and gentleness, with patience, bearing with one another in love.”

Observations:

- With all, not just some effort or when it's convenient, but always and with 100% effort.
- Humility - Not thinking less of yourself, but thinking of yourself less. This frees you to value others above your own interests without denying your own worth in Christ.
- Gentleness - Responding with kindness and restraint, even in difficult situations
- Patience - giving people time to grow, change, and be understood
- Bearing with one another in love – choosing grace, forgiveness, and steadfast love when relationships are strained.

Application:

This one verse gives us a clear picture of how God desires us to treat one another. Although we will never do this perfectly, we are called to pursue it faithfully. Imagine the difference it would make if we consistently placed others before ourselves, responded to conflict with gentleness instead of anger, patiently allowed one another to grow, and chose grace, forgiveness, and love even when it was difficult. When these qualities define our relationships, unity grows, Christ is honored, and the church is strengthened to accomplish His work together.

Prayer:

Gracious Heavenly Father, I praise You for the work You have done, are doing, and will continue to do within me. Increase my awareness of how I treat others. Help me to walk in humility, gentleness, and patience, especially when relationships are strained. Teach me to bear with others in love, extending the same grace and forgiveness You have shown me. May my words, attitudes, and actions reflect Christ in every interaction. In Your holy name I pray, Amen.

