

How does that oneness relate to all of the “one” things listed after it in verses 4-6?

Notice the progression of Spirit, Son, and Father with three triads in verses 4-6. What are the connections within and between these three triads?

What is the *one hope* that we are called to and how should that motivate us?

What does having unity look like in our church setting?

What does having the bond of peace look like in our church context?

How does the Holy Spirit help you maintain the “bond of peace” with others in your church?

How can we live a life worthy of our calling that leads to preserving our unity in hope?

What are the consequences of not living out our calling in a way that preserves our unity in hope?

How well do you get along with other Christians?

APPLICATION

With whom are you having a difficult relationship where you need to show humility, gentleness, patience, and tolerance in love this week? How will you demonstrate those qualities?

MEMORY VERSE

“Therefore I, the prisoner of the Lord, implore you to walk in a manner worthy of the calling with which you have been called, ² with all humility and gentleness, with patience, showing tolerance for one another in love, ³ being diligent to preserve the unity of the Spirit in the bond of peace.” Ephesians 4:1-3

Sermon-Based Study Guide

// August 30, 2026 //

Sermon Series:
The Way Forward

Paul Ewing
Century Baptist Church

Through Unity in Hope

Ephesians 4:1-6

1. Intro - A Balance Scale
2. Worthy of the Call - vv. 1-2
3. Unity in Hope - vv. 3-6

Sermon available at [centurybaptist.org/watch/](https://www.centurybaptist.org/watch/)

Community Life Group Sermon-Based Study

// August 30, 2026 //

Our desire and goal is for all who call Century Baptist their church home to be involved in a Community Life Group or Bible study. We believe one of the best ways to be fed and exhorted in our faith is to interact with the Sunday sermon. This guide is designed to facilitate interaction by diving into the Sunday message through the study of Scripture together. If you are not in a group, we encourage you to take the step of involvement in community around your faith and the pursuit of faith in Jesus. While this study guide can be used individually, the greatest benefit of growth comes when people are interacting with each other around Biblical truth.

Contact Pastor Paul Herr at 701.223.0478 to learn more about sermon-based community life groups, and leading or hosting a group.

OPENING UP

What keeps sports teams unified?

INTRODUCTION to *Through Unity in Hope* sermon

The letter to the church in Ephesus contains two halves. The first half (chapters 1-3) articulates what has been done for us by God through Jesus. The second (chapters 4-6) delineates how a believer in Jesus is to live because of what God has done for us in Christ. “It is one thing to designate the believers’ standing in Christ; it is another thing for believers to live out this status in the life of the church. The Apostle Paul believes that the omission of the latter invalidates the truth of the former. Given the essence of the church, Paul urges his readers to pursue unity. He reminds them that all the members of this organism, the church, are variously gifted to build it up to maturity as all of them together play their parts. Unity based on truth and love is key to fulfilling their calling as believers. What Paul says in the first section of Ephesians chapter 4 will prepare the way for the more specific behavioral instructions starting in verse 17—many of which directly connect to his points in the first 16 verses.” W.W. Klein

READ Ephesians 4:1-6

What was one point or statement from the message that caught your attention, challenged, or confused you?

Therefore (vs. 1) connects chapters 1-3 to chapters 4-6. What has the Apostle Paul stated to this point in the letter?

What is the focus of chapters 4-6? How are they related to chapters 1-3?

Since the word *worthy* (axios) in Greek can mean “balanced on a scale” what does that image say to you in regard to what is on each side of the scale?

What is the calling to which the Ephesians had been called?

In what ways are we to live in response to, or on the balanced scale of that call?

How should Christians conduct themselves toward each other? Why?

What are the seven elements of Christian unity?

How is Christian unity related to and descriptive of the nature of God?

Why did the Apostle stress the theme of Christian unity to the Ephesians?

What are some ways we can display each of the qualities outlined in verse 2?

How do the qualities in verse 2 relate to loving our neighbors like ourselves in the second greatest commandment (Matthew 22:34-40)?

What is the “unity of the Spirit” found in verse 3?

What relationship does the bond of peace have with this unity?