

What does it mean to have *the fear of Christ*?

How does one demonstrate *the fear of Christ* in their daily life?

What followers of Jesus do you struggle to be subject to? Why?

Why is mutuality important in a Christian relationship, specifically submitting one to another?

What are the actions found in verses 19-21 that should flow from one who is being filled with the Holy Spirit?

What pattern is seen in verses 19-21 that speaks to our vertical (God and us) and horizontal (others and us) relationships?

What are ways that you can walk in wisdom and submit to someone else even now?

GOSPEL CONNECTION

Jesus lived with a focus on His mission which was you and me. In submission to His Heavenly Father, Jesus gave His life for us. As His followers we are commanded to do the same.

“Do nothing from selfishness or empty conceit, but with humility of mind regard one another as more important than yourselves; ⁴ do not merely look out for your own personal interests, but also for the interests of others. Have this attitude in yourselves which was also in Christ Jesus,”
Philippians 2:3-5

APPLICATION

Who has God put on your heart to submit to through the power of the Holy Spirit? When will you begin? What will be your first step?

MEMORY VERSE

“Therefore be careful how you walk, not as unwise men but as wise, ¹⁶making the most of your time, because the days are evil.” Ephesians 5:15-16

Sermon-Based Study Guide

// May 24, 2026 //

Sermon Series: *Koinonia*
Love Lived in Community

Paul Ewing
Century Baptist Church

Spirit Filled Submission

Ephesians 5:15-21

1. Intro — The Concept of Mutuality
2. Walk In Wisdom
3. Spirit Filled Submission

Community Life Group Sermon-Based Study

// May 24, 2026 //

Our desire and goal is for all who call Century Baptist their church home to be involved in a Community Life Group, Bible study, or Missional Community. We believe one of the best ways to be fed and exhorted in our faith is to interact with the Sunday sermon. This guide is a tool to facilitate that interaction to dive into the Sunday message through the study of Scripture together. If you are not in a group, we encourage you to take the step of involvement in community around your faith and the pursuit of faith in Jesus. This study guide can be used individually, however, the greatest benefit of growth in Scripture and faith comes when people are interacting together around Biblical truth, including how God is at work in their lives.

Contact Pastor Paul Herr at 701.223.0478 to learn more about sermon-based community life groups, and leading or hosting a group.

OPENING UP

Why is it difficult to submit to the will of another? Give an example.

INTRODUCTION to *Koinonia*: Love Lived in Community

“Again and again, New Testament writers exhorted believers to engage in specific activities that would enable the body of Christ to function effectively and to grow spiritually. Frequently they used a unique word to describe this mutual and reciprocal process — the Greek word *allelon*, most frequently translated *one another*. In fact, excluding the Gospels, the word is used 58 times in the New Testament. The Apostle Paul used the word 40 times.

“When all the *one another* exhortations are studied carefully, and grouped together according to specific meanings, they can be reduced to approximately 12 actions Christians are to take toward *one another* to help build up the body of Christ.” (Gene Getz, 1976)

This sermon series is built around these powerful exhortations, providing not only an understanding of what these injunctions mean, but also, practical steps of personal and corporate application of putting these exhortations into action at Century Baptist Church.

READ Ephesians 5:15-21

What was one point or statement from the message that caught your attention, challenged, or confused you?

Our text is a continuation of practical application of our faith beginning in 4:1. How do our words and actions reveal our faith in Jesus?

In chapter 4, verse 1 the Apostle Paul exhorts the saints at Ephesus to “walk in a manner worthy of the calling with which you have been called.” He uses the term *walk* a handful of times in chapters 4 and 5. What does the Apostle mean by using the term *walk*?

In the context of chapters 4 and 5, what does *making the most of your time* reference?

How were the days evil in the First Century? How are the days evil today?

In what way were the Ephesian believers instructed not to live as Gentiles (cf. 4:17)?

How did the Apostle Paul contrast the Ephesian Christians with the Gentiles?

What is included in *the will of the Lord* according to this passage?

How would interactions among our church family be strengthened if we continually work to apply this passage? Give examples.

How does the contrast of *drunk with wine* but *filled with the Spirit* show what we believe about Jesus and God’s love for us?

What is meant by the Apostle Paul stating *submitting to one another*?

How do Jesus’ disciples submit to (be subject) to one another?

Why is it important to *be subject to one another* (or *submitting to*)?